FALL 2026 | ISSUE 3 | VOLUME 26

CREATING LASTING CHANGE

Rising like the sun so others can shine

TIME FOR CHANGE FOUNDATION

REMOVING BARRIERS, CREATING PATHWAYS TO STABILITY

On August 29, more than 350 San Bernardino residents gathered at the BBOP Center for Time for Change Foundation's Empowerment and Action Fair, where 30 community organizations brought critical services directly to local families. From housing and employment assistance to education, mental health, recovery and reentry support, the free event helped community members take meaningful steps toward greater stability and opportunity. A highlight of the fair was the Free Legal Clinic, which provided more than 200 consultations on expungements, record sealing, family law, foreclosures, evictions and other pressing legal matters. Clearing a record or resolving a legal challenge can remove barriers to employment, housing and family reunification—all essential foundations for long-term stability. Fifty-three attendees also received free Live Scan fingerprinting, while families enjoyed free meals, raffles and activities for children.

A SUMMER DAY THEY'LL REMEMBER

In July, children in our Time for Change Foundation program arrived at LEGOLAND for a special summer trip. Their faces lit up as they entered the park, and the smiles and laughter continued throughout the day. For some, it was their first time experiencing an outing like this, making the trip an especially memorable part of their summer.

The experience was made possible by proceeds from the heart necklaces sold at our annual gala. Supporters who purchased a necklace did more than take home a keepsake; they gave children an opportunity to experience something new, enjoy a day filled with happiness and create memories they will carry with them.

STORIES OF SELF-SUFFICIENCY

JENNIFER: FINDING HER WAY BACK

The change began showing in small ways. Jennifer started dressing up again. She did her makeup and took pride in how she presented herself. After months of instability and feeling lost, these familiar routines were signs that she was beginning to recognize herself again.

Before coming to Time for Change Foundation, Jennifer had always worked and was accustomed to supporting herself. When she no longer had stable housing, she left for San Diego with her newborn son and stayed in a friend's garage. Without a job, car or child care, she eventually made the difficult decision to ask her son's father to care for their baby temporarily while she tried to regain stability.

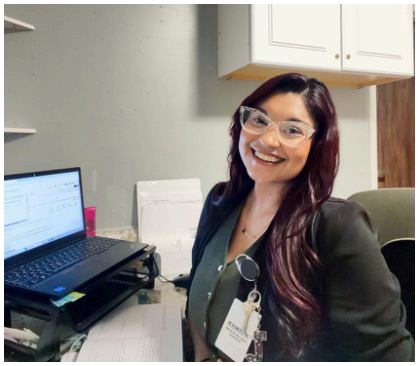
The living situations that followed did not reflect the life Jennifer wanted for herself or her son. She moved from place to place while also experiencing postpartum depression. Looking back, she now realizes how unsettled that period had become. She moved so often that she still does not know where some of her clothes ended up.

Jennifer began searching for a shelter where she could step away from the uncertainty and determine what came next. That search led her to TFCF.

For the first time in months, Jennifer had the time and space to focus on herself and begin healing. She had always known who she was, but before arriving, she no longer felt connected to that person. As her confidence returned, she was able to bring her son to live with her and begin rebuilding the life she wanted for them.

Jennifer credits her case manager, Ms. Sheree, and Ms. Lizzy with helping her remain hopeful. When things did not go according to plan, they never made her feel that her goals were beyond reach. Their encouragement helped her continue moving forward.

Workforce development services with Ms. Tanya helped Jennifer turn that encouragement into action. She strengthened her résumé, developed her interviewing skills and completed challenging mock interviews that prepared her to pursue employment.



Today, Jennifer's son is one year old. She is working as a medical records assistant, attending school to become a Community Health Worker and preparing to move into a home of her own. Jennifer is building the stability that once felt out of reach—and doing it as the capable, determined woman she knew was there all along.

POLICY WINS!

TWO BILLS SIGNED INTO LAW

Two bills we worked on with Starting Over, Inc., FIRE, All of Us or None, and LSPC are now law.

- **AB 1201** — The ReUNITY Act expands access to family reunification services for parents with violent-felony convictions, giving them a greater opportunity to reunify with their children when the victim was not their child or someone they shared a child with.

- **AB 1646** — Protects appropriate contact during youth visits, including hugs and hand-holding. Safety limits must be temporary and documented.

VANESSA:
FINDING STRENGTH IN VULNERABILITY

When Vanessa's children learned they would each have a bed of their own at Time for Change Foundation, they were overjoyed. After sleeping on floors while staying with friends and family, the beds represented more than a comfortable place to rest. They meant Vanessa's family had arrived somewhere safe, somewhere her children would be encouraged, accepted and free to be themselves.

That was the kind of place Vanessa had been searching for since November. After losing her housing while navigating an emotionally abusive relationship, she was searching for safety. Although she maintained her sobriety, she recognized that some of the patterns connected to her past had carried into her relationships.

Vanessa had become accustomed to relying on others, pleasing the people around her and putting herself last. She knew those patterns were keeping her from making the changes her family needed. She also knew what she did not want: to return to the streets, use unhealthy ways to cope or remain in a depressive state. This time, she chose to ask for help.

On July 13, Vanessa entered TFCF with her daughter and one of her sons. Since arriving, she has seen a change in her children. Her daughter, who previously avoided engaging with others, has become more social and more eager to attend school. Both children enjoy their new community and feel comfortable being themselves in an environment very different from the one they experienced before.

Vanessa is also changing how she sees herself. With support from her case manager, Ms. Sheree, she has found the time, space and compassion to examine the patterns that brought her here. She is learning to establish boundaries, stop self-sabotaging and understand that being vulnerable does not make her any less strong.

Now, Vanessa hopes to build a career in behavioral health supporting people with autism. As the mother of two sons with autism, the work would carry personal meaning for her. She is also developing a workbook to help others establish healthy boundaries, one of the most important lessons in her own journey.

Vanessa knows she cannot control every outcome, but she can decide how she moves forward. At TFCF, her family has found a community where they feel safe and supported and Vanessa, is using that foundation to build a different future for herself and her children.

PARTNERS IN BUILDING LASTING CHANGE

WELLS FARGO

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XFIT COMBAT SPORTS

Time for Change Foundation
P.O. Box 25040
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OR CURRENT RESIDENT

REENTRY SUPPORT FOR JUSTICE-IMPACTED INDIVIDUALS

W.I.S.H.
Wellness is Stabilized Housing

OFFERS:

Housing
- Move-in assistance
- Eviction prevention
- Shelter vouchers
- Family stipends
- First month's rent
- Security deposit
- Furniture assistance (for eligible participants)

ELIGIBILITY:

- Individuals who served time in CA state prison
- On parole, returning to, or living in San Bernardino County

I.A.R.
Improving Adult Reentry

OFFERS:

Employment Services
- Work Readiness
- Job Placement
- Vocational Support
- Educational Services

Supportive Services
- Therapy & Mental Health

ELIGIBILITY:

- Formerly incarcerated women in San Bernardino County, released within the last 3 months

L.E.A.P. 2
Legal Employment Accessing Profit

OFFERS:

Employment Services
- Work Readiness
- Job Placement
- Resume Assistance
- Interview Preparation
- Interview & Work Attire

ELIGIBILITY:

- Justice-impacted individuals

SCAN TO APPLY TODAY!